

NEWS FROM THE HILL

NEWSLETTER OF THE U.U.

MEETING HOUSE OF CHATHAM

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"NEWS FROM THE HILL"

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SUNDAY SERVICES are
held at 10:30 AM each week.

NEWSLETTER DEADLINE

next month is THURSDAY
June 26. Send items to Sue
Bauer at Ralphb1234@cs.com



UUMH ANNUAL MEETING

SUNDAY, JUNE 15, 2025

AFTER THE SERVICE

**ALL ARE INVITED TO ATTEND
BUT ONLY MEMBERS CAN VOTE**

**YOU WILL RECEIVE THE AGENDA AND
RELEVANT DOCUMENTS ON THE WEBSITE
BY JUNE 1**

**INCLUDED WILL BE THE REPORTS, NEW
BUDGET, AND THE SLATE OF NEW
OFFICERS.**

[see also p. 3 for more good things happening that day!]

STAFF MEMBERS**MINISTER:****Rev. Chris McMahon****revchrisuumh@gmail.com****MUSIC DIRECTOR:****Frank Toppa****ftoppa444@gmail.com****BOOKKEEPER:****Kim Carroll****bookkeeperchatham@gmail.com****OFFICE ADMINISTRATOR:****Dawn Dinnan****chathamuumh@gmail.com****MONTH OF SUNDAYS****June 1 The Power of Being Positive Rev. Chris McMahon**

It is all too easy to fall into a trap where life seems unbearable. And all of us have met and known people who always seem to focus on the negative aspects of their life. But the fact is, we become what we think. Thinking and acting positive – even in difficult times – does affect our lives.

June 8 Immigration and Cape Cod: Little Moves and Large Impacts Victoria Shakespeare

Victoria will be speaking about immigration to Chatham and the greater Cape Cod area. She will share stories typically omitted from the predominant narrative. She will discuss how, when it comes to history, the words we use matter, as well as the notion that little things can have a large impact.

June 15 We Don't Know What We Don't Know Rev. Chris McMahon

Human beings like to have a sense of order in their lives. This is natural and part of developing a feeling of safety and security. This is why humans always seem to have answers for even very difficult questions and even ultimate questions, which is why there are so many religions in the world. But the fact is that our knowledge of reality is very limited. Unfortunately, not having answers to ultimate questions can lead a person to accept answers and theories that aren't necessarily true. And this can lead a person to close their mind and refuse to consider alternatives.

June 22 GA Service (remote)

Join us in the Sanctuary to watch a service from UUA General Assembly taking place this year in Baltimore.

June 29 WE CAN Lisa Guyon

WE CAN: Empowering and supporting women

Board of Trustees

Danielle Jeanloz, President

Evan Howard, Vice President

Dave Van Wye, At Large

Beth Avery, At Large

VISION STATEMENT

We, the members and friends of the UUMH, strive:

To apply UU principles in our daily living, social actions, and community service;

To nurture a safe community that encourages intellectual, spiritual, and religious freedom and celebrates all the passages of life;

To welcome diversity and pluralism as essential for our connection with all humanity;

To provide fellowship, friendship, and fun, and to support a creative artistic and musical environment;

To sustain and promote a vital religious and spiritual lifespan education program.

WINDWARD PASSAGE

Opening to Others

Sometimes we meet people who upon the very first meeting bury you with all the details of their life even though they don't know you. Usually when this happens, we shake our head (at least we want to) and sometimes, we try to back away and move to a "quieter" place. To be sure, sharing intimate information with strangers is a bit unusual and not necessarily welcome. It can lead to suspicion and even attempts to ignore the person. The fact is that sharing too many feelings and emotions with strangers can actually lead to loneliness because other people may be unwilling or unable to accept or listen to such a person. In other words, it is not usually a way to create good communication between two people. But the opposite is also true.

Think of a time when you met with someone you know and asked how they were doing and the response was, "fine" even though you sensed something was very wrong. We all know people who refuse to share their feelings with others – even with close friends and loved ones. We hear expressions like: "he is reserved," "she is guarded," and "he is emotionless." Keeping one's feelings inside can be like a slow acting poison. Sharing feelings with those close to you can be a very positive way to ease pain and anxiety and to feel the power of love. Actually, sharing your feelings is an act of love because it demonstrates you trust the person with what is going on inside of you. People who are close to you and love you will love you more when you are open with them – when you share a sense of vulnerability with them.

Sharing feelings with others is, indeed, a powerful tonic. Think of a time when you felt completely exhilarated by something that happened to you or completely mad or upset when something terrible happened to you. And in a moment alone when these things happened, you shouted out with joy or with frustration or even sadness. How did this reaction make you feel? In most cases, it felt good because it is a natural and normal human reaction to shout and loudly express emotion to important things that happen to us.

This is what opening to others you trust can do. It may take courage, but the fact is that sharing with others can help you celebrate joyful moments. It can help you deal with moments of despair, and it can give you ideas on how to cope with a difficult situation.

We have ears, eyes, language, and what we call a "heart" for a reason.

Reverend Christopher McMahon



THRIFT SHOP OPENS

Terrific first two weeks at the Bearly Used Thrift Shop!! Everyone seems very happy to have us back, and we are certainly glad to see them! But.....that means we need more of your treasures to keep up with the sales! Please check your shelves, your closets, your basements for items that could be someone else's "great finds!" Volunteers still needed for a 3 hour shift or as subs. Please contact Pam E. if you can help out.



PLEDGE DRIVE

PLEASE REMEMBER TO MAKE YOUR PLEDGE TO UUMH! SUPPORT THE MEETING HOUSE AND ITS STAFF AND PROGRAMS. HELP US BE A PRESENCE IN THE COMMUNITY!



WHO'S PREACHING

Victoria Shakespeare works at the Atwood Museum. She holds a Bachelor's from Georgetown University where she studied Arabic and Middle Eastern Politics. Before moving to Chatham, she lived in Egypt where she completed a Masters in Egyptology and Archaeology with a focus on ancient Hieroglyphic literature. She has spent numerous summers in Chatham working at local non-profits, bartending at nearby dining establishments, and teaching summer school. She loves playing piano, cooking for loved ones, and learning new languages.

The opposite of love is not hate; it's indifference. (Elie Wiesel)



ANNUAL MEETING.....AND MORE!!!

Remember to join us for the Annual Meeting on June 15, following the Sunday service. We count on our members to participate by voting on our new Board of Trustees, proposed bylaws, and reports. Then....STAY FOR.....

Also, this year, we invite you to join our "All-In-One gathering," which includes **lunch to celebrate the payoff of our building mortgage, and a 25th anniversary concert by the All Worn Out Jug Band.** That's Sunday, June 15, right here in our sanctuary!

OSPREY POINT

It's almost summer and, therefore, almost time for Osprey Point!

Open to all women connected to the Meeting House. We meet at Osprey Point once a month on Monday evenings at 5PM for an hour or so (before the bugs arrive!). Bring your lawn chair and your dinner/snack/whatever, and join new and old friends. It is a beautiful, peaceful place that we usually have to ourselves. Bring your cameras and/or your binoculars. Watch the Eblast for further info on our June gathering, set for **Monday, June 23**. Sue B. will send out a reminder email a few days ahead, **so it would be good to email me that you plan to come. (See Directory).**

By the way...Osprey Point will be found on no map or through any Google search. That's because we named it! – for obvious reasons, as you will see. Directions: Forest Beach Road off Route 28 in South Chatham. Go .4 miles to a left turn on Bay View. Straight ahead and up a short hill. And there you are. Hope to see you there at one of our favorite spots with some of our favorite people!

WHAT NOW?

Our support and discussion group, What Now, meets on the 2nd and 4th Saturday, at 3:00 pm in the Sanctuary. All are welcome. Our gatherings aim to hear and support each other along with the vulnerable in our communities in this starkly altered world we share. Occasional speakers will also be invited. June meetings will be June 14 and 28.

CARE GIVERS GROUP

The next meeting of the Caregivers' Support Group will be in the Minister's Office at 9AM on Saturday, June 21

For anyone who is feeling the weight of caring for a loved one, be it local, at a distance, or if you are just feeling overwhelmed with feelings, please join Rev. Chris and others to share. Let Chris know you are coming – or just arrive.

**IN MEMORIAM****BARBARA HANRAHAN****1951-2025****SERVICE WAS HELD IN MASHPEE IN MAY****FOOD PANTRY**

There is a box/container in the Meeting House foyer to put donations of food for the Veterans' Outreach Food Pantry in Hyannis. Veterans' Services supports veterans with food, as well as counseling, housing assistance and other services. We have donated to them before through our monthly Outreach, and this is another way to help and show them our appreciation at a time when services are being cut.

SOCIAL JUSTICE:

For the month of June, the Outreach will be Food4Kids. A wonderful summer program that works to alleviate childhood hunger and promote literacy on the Lower and Outer Cape by bringing together local communities with the Church of the Holy Spirit to provide free meals and free books to children and teens in the summer when schools are out. As a percentage of their funding comes from federal money which is being cut back, our donations will help in filling that gap.

Social Justice is a small but hard working group. It works to select and send the contributions of the Community Outreach program. Over the 24-25 church year, the UUMH has made over \$3,729.90 in contributions to local non-profits as well as helping the First Parish Kingston UU after the major vandalism that took place over the 4th of July. Social Justice is always looking for a few more members who want to jump in and help. Social Justice is always open to new members and new ideas. If you want to get involved, get in touch with Robin H. either at church or through email (see UUMH Directory)

**NOTES FROM THE BOARD**

As our fiscal year winds down and we prepare for the annual meeting, our Board of Trustees is working hard to tie up some loose ends. Since we have moved to a simpler governance structure this year, we look forward to presenting a revised set of bylaws at the annual meeting reflecting our restructured organization. We know that bylaws are not the most exciting topic, but they provide guidelines for how we operate. We hope you will review the proposed bylaws, which have been simplified from previous versions, before the annual meeting, when we present them for discussion and a vote. The proposed bylaws are available by June 1 on our UUMH.net website page describing this year's annual meeting.

Other topics that the Board of Trustees has recently discussed include the possibility of movable pews, how to reach our pledge drive goal, and adding parking spaces, if possible. These items are ideas presented to the Board by individuals researching or focusing on them. We receive new suggestions almost every month and encourage written proposals, including thoughts about pricing and financing, from members of the congregation.

See you at the Annual Meeting!

Danielle J., Evan H., Beth A., Dave V. W., with Linda Jean K. as recording secretary

Common sense is the least common of the senses. (Mark Twain)

SCOUT SCUTTLEBUTT

Boy Scout Troop 71

Troop 71 has grown this past year. With the continued leadership of Scout Master Dave Carlson and Committee Chair Marija Eldredge, our troop has maintained a very active list of accomplishments, including a trip to Mount Rushmore last summer. The bottle and can collections at the land fill and selling light sticks at the band concerts have kept their treasury in excellent condition. The roster lists 13 scouts. 6 adult leaders and one junior leader (a scout who aged out of the youth program and wishes to remain active as a leader in the troop)

Cub Scout Pack 71

Pack 71 has a total of 6 active cubs and 4 amazing adult leaders. They are working as one den currently, which is challenging to keep scouts of different ages moving forward in their advancement. Note: one of our most active leaders is the father of a young lady in our pack.

We are working to recruit more scouts this spring by being a sponsor of a "Fun Run" at the Elementary School. The Cub's participation in the bottle and can fund raiser is assuring they can participate in Council wide activities. By working jointly with neighboring towns' packs, our cubs are experiencing a full complement of scouting experiences.

COME SEE OUR TROOP AND PACK AT THE 4TH OF JULY PARADE!!!

SUNDAY FLOWERS

Don't forget that you too can provide lovely flowers for a Sunday service. Call Sue B for more information or to have her order them for you. Or you can bring your own (New England Gardens is a great resource!)

After the service, you are welcome to take your flowers home.

Instructions for submitting UUMH news items:

The deadline for submissions to the *Weekly Bulletin* (published on Monday) is **6 pm on Sunday**.

Email items to KD at socialtechie1@gmail.com

- *Submissions suggested include upcoming events, programs, opportunities, enhanced activities, etc.*
 - On your email's subject line, please write "**For Weekly Bulletin on Monday (Insert Date)**"
- Include your name and contact information in case KD has a question.

Newsletter:

Email directly to Sue B

Follow schedule written on cover of previous month's Newsletter.

On subject line, write "For Newsletter"

JOYS AND ACCOMPLISHMENTS

Vavi C. now holds a Monomoy School record in 100, 200 and 400 in track!!! She is officially the fastest girl in school! See a picture of her in action in the latest Chronicle!



MUUGS

MUUGS - Men's Unitarian Universalist Group Social. 3rd Thursday of the month.

This month on Thursday, June 19 at **11:30 AM** at the 400 East Restaurant in East Harwich
A cordial, stimulating, friendly, and thought provoking social get together.



LADIES LUNCH

Ladies Lunch will take the summer off BUT will meet instead at Osprey Point!
See info on Osprey Point on P. 5

THIRD MONDAY BOOK CLUB

The Third Monday Book Club will not meet this summer but will read *The Women* by Kristin Hannah for the October 20 meeting. Contact Gail E. for more information.



PEOPLE TO CELEBRATE

Because of the recent problems with hacking emails, We have decided to not list names and birthdays/anniversaries at this time.



We will continue to monitor the situation and discuss possible changes.

Until then, be assured, cards will still be sent! Thanks for your understanding.

MISSION STATEMENT

Nurturing inclusive community

Seeking justice and equity

Encouraging free minds and spirits

MEDITATION GROUP

“Our body talks to us in Feelings and Sensations. Meditation Practice is taking time out to listen.”

The UU Meditation group meets on Zoom at 9:30 every Saturday morning. If anyone is interested in joining the group you can tune in from any location.

Email Nancy Fields with questions:

nefields42@gmail.com

Join Zoom Meeting

[https://zoom.us/j/93717313258?](https://zoom.us/j/93717313258?pwd=OUZDbzdjSzZoa2dybGo4cWp4dnNPUT09)

[pwd=OUZDbzdjSzZoa2dybGo4cWp4dnNPUT09](https://zoom.us/j/93717313258?pwd=OUZDbzdjSzZoa2dybGo4cWp4dnNPUT09)

Meeting ID: 937 1731 3258 Passcode:040260