

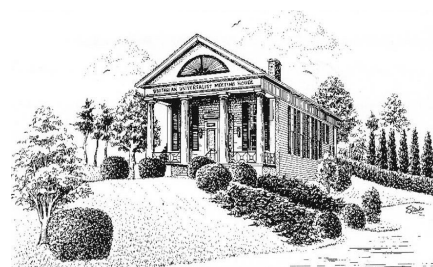
# NEWS FROM THE HILL

NEWSLETTER OF THE U.U.  
MEETING HOUSE OF CHATHAM

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### "NEWS FROM THE HILL"

is published monthly year round  
by the UU Meeting House of  
Chatham.

Editor: Susan Bauer

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SUNDAY SERVICES are  
held at 10:30 AM each week.

### NEWSLETTER DEADLINE

next month is **THURSDAY**  
September 22. Send items to  
Sue Bauer: Ralphb1234@cs.com

## END OF SUMMER POT LUCK

**SAVE SEPTEMBER 7!! 4PM AT THE POINT HOUSE**  
(directions below)

**THIS IS DOLLY HOWELL'S FAMILY HOUSE, AND SHE HAS AGAIN GRACIOUSLY INVITED US TO SHARE ITS GRAND VIEWS AND RELAXED ATMOSPHERE TO CELEBRATE THE END OF SUMMER....AND OURSELVES!**

**BRING A DISH TO SHARE AND A CHAIR TO SIT IN. BRING YOUR OWN BEVERAGE—WINE IF YOU WISH. (FEEL FREE TO BRING YOUR OWN MEAL IF YOU ARE MORE COMFORTABLE DOING THAT.) COFFEE, PLATES, CUPS, NAPKINS, AND CUTLERY WILL BE PROVIDED.**



**DIRECTIONS:** From UUMH—Crowell Road to right on Stony Hill Road. Cross Route 28, continue on Stony Hill which becomes Scatteree Road. Follow Scatteree until it turns left, and there you are!

**#224 is the only house on the right, right at that turn.**

**Park on the lawn.**

**Call Sue Bauer (945-3264) or Mary Parsons (432-7194) for more information.**



**STAFF MEMBERS****MINISTER:**

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arevtracy@gmail.com

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Jon Nye, Vice President  
Danielle Jeanloz, Secretary  
Joe Zahka, Treasurer

**At large members:**

Greg Heyl  
Naomi Turner  
Liz Van Wye

**Program Council**

Sue Bauer, Chair

**VISION STATEMENT**

We, the members and friends of the UUMH, strive:

To apply UU principles in our daily living, social actions, and community service;

To nurture a safe community that encourages intellectual, spiritual, and religious freedom and celebrates all the passages of life;

To welcome diversity and pluralism as essential for our connection with all humanity;

To provide fellowship, friendship, and fun, and to support a creative artistic and musical environment;

To sustain and promote a vital religious and spiritual lifespan education program.

**MONTH OF SUNDAYS**

September 4      **Thoughts from My Orchard or Everything I Need to Know, I Learned from My Fruit Trees**  
Joe Zahka

September 11      **Blessed Water, Source of Life**  
Rev. Tracy Johnson

Join us for our annual Ingathering and Water Ceremony. Please bring a small container of water to add to our common bowl.

September 18      **To Be Remembered**      Rev. Tracy Johnson

We all want to be remembered for something! How do you hope to live on in the memories of those who follow you? Together we will explore the spiritual and the practical aspects of this form of meaning-making.

September 25      **Forbidden Fruit**      Rev. Tracy Johnson

We will delve into the topic of banned books and maybe offer a challenge for further discussion.

**Who's Preaching**

Joe Zahka, a member of UUMH, was a physics and engineering teacher at Bedford (MA) High School. He was given a fellowship to work with Earthwatch in Ecuador which was the subject of an earlier sermon. Joe now spends his time playing golf, organizing golf leagues, and fixing things at the Meeting House.

Dear Ones, All –

Can you believe it? Another Chatham summer is in our rearview mirror, and I am delighted to begin my third church year with Meeting House! It is destined to be an exciting time as we look to our future here on the hill. The creativity and commitment I have experienced at UUMH is an amazing thing to behold, and I know that together we can make realistic and far-reaching plans that will sustain us. Our shared work has so much potential. I hope you will all accept the invitation to participate. Each of our voices matters.

The issues we face are not unusual or insurmountable. And while we consider ourselves a small congregation, there are in fact much smaller Unitarian Universalist churches that have found ways to thrive. Sustainability is the key word. What will make a difference for the longer term? Sometimes one or two simple changes can go a long way in shifting the tide. I think about the fullness of the moon and its effect on our tidal waters here on the Cape. How will the fullest of our engagement in a process of discernment serve to turn the tide at UUMH?

I spoke a few weeks ago about change and letting go as a part of our movement toward sustainability. Not a careless or haphazard casting aside, but a thoughtful approach. What serves us well and what no longer serves us? Can we look to our mission for answers to some of our questions? We crafted that statement in part to be used as a touchstone in our decision making. How can we apply it to this current work? I know we are up to the challenge that this task proposes for us, and I can't wait to hear the outcomes!

We have a special opportunity this month through the Refugee Support Team (RST) of the Nauset Interfaith Association to support an asylum-seeking family who have now become neighbors to us. Over the summer the N'Tumba's had to quickly relocate when they lost their Osterville rental due to the homeowner's family needs. In the end they were able to find a home here in Chatham, although the total monthly expenses are a bit higher than what they previously had been paying. The RST has agreed to be of assistance over the course of the year and some of our sibling congregations have already made donations. This month our Community Outreach will go to providing aid to this wonderful family caught in the seemingly endless task of being granted asylum in the US. I hope you will consider a generous donation for this lovely couple and their daughter. You can use all the usual ways – the basket at the back of the church, a mailed check to UUMH with a note about its intended use, or our donate button on the website.

Don't forget to bring a small container of water to add to our common bowl as we bless the precious waters that flow through our lives. This annual ritual takes many forms in Unitarian Universalist churches, no longer the travelogue it once was. On September 11<sup>th</sup> we will reflect on the meaning of coming together to fill our wells.

I look forward to settling in with all of you as the days begin to shorten and the crisp autumn air begins to flow all about us. Fall is my favorite time of year to be on the Cape! May you find in this season the simple pleasures wrought by late fruits and vegetables, dog walks on the beach, candlelight at dinnertime, or an evening fire under the stars. May you be blessed as I am to be a part of this place and this caring community of faithful seekers.

Blessed be.

Reverend Tracy





### THRIFT SHOP

We are having an incredibly successful summer!! Obviously, we would like to continue this!! REMEMBER that the Thrift Shop provides a lot of needed funds to the Meeting House. Help keep our dream and our mission going. Your participation is GREATLY appreciated – donate, volunteer, BUY!!!

**OPEN THE SATURDAY OF LABOR DAY WEEKEND. CALL MARY PARSONS TO HELP! (432-7194)**

Planning a closing the end of September with a huge Yard Sale on the Saturday of Columbus Day Weekend.

Special sales going on through September!!



### MUSIC AT UUMH

Many, many thanks to Pricilla Smith who gave UUMH the gift of her music in July and August. Everyone so much enjoyed her playing.

Now in September we will welcome back Frank Toppa and hopefully the choir. More choir members are very welcome. 9am Sundays in the sanctuary. Come try us out!



**Be what you wish others to become. (Henri Amiel)**

### SPECIAL UUMH FUNDS

#### **Another Fund you might consider donating in memory of or to honor someone special or just because!**

The Minister's Discretionary Fund was established at the Meeting House to provide the minister the opportunity to assist members and friends in times of financial hardship or need. It is a separate account that the minister has full oversight of and is replenished solely through individual donations.

Perhaps a member or friend has fallen behind on a monthly bill and requires one-time assistance. Maybe there is a need for help with groceries one month. It could be an unexpected medical expense that is beyond a member's or friend's means to manage where we could offer some partial support. Whatever the case, a simple request to the minister is all it takes for consideration.

The Minister's Discretionary Fund is managed with the utmost of discretion and confidentiality. No one other than the minister has any knowledge of how the funds are dispersed. We place our trust in the minister to handle these situations with great care and to afford our members and friends the highest level of dignity. It is not always easy to ask for help, but help is here if circumstances arise.

When you consider all the ways you contribute to the Unitarian Universalist Meeting House of Chatham, I hope you will think about including the Minister's Discretionary Fund. It is one of the ways we care for one another and our community.

### SOCIAL JUSTICE COMMITTEE

I hope many of you had the opportunity to meet Christine Silva from the Homeless Prevention Council in Orleans. This was our August designated group. In September we will be supporting the Refugee Support Team of Nauset Interfaith Association. Right now there is a second asylum seeking family in Chatham, the N'Tumba family whom we met here in our pulpit a few years ago.

#### **VOTE FORWARD**

From now until November we will be supporting a UUA project to get out the vote. You will be hearing more about opportunities to send letters or postcards encouraging voting.

Joan Caputo

### MEMBERSHIP COMMITTEE

Membership Minute: UUMH Brochures tell our story!

Have you wanted to tell a friend about who we are and what we do at UUMH? You might want to pick up one of the UUMH Membership brochures, available on the pew racks, on display outside the sanctuary, on the wall in the Thrift Shop, and online on our web and Facebook pages. The brochure was a collaboration between the Membership and Outreach committees. Next time a friend or family member asks about UUMH, feel free to share one of our brochures with them. It's a great way to spread the word about UUMH and help us grow.

Bonnie Brydges and Liz Van Wye, Membership Co-chairs



### THE GATHERING AT OSPREY POINT

The Gathering, UUMH's women's group, is meeting this summer at "Osprey Point" for a picnic and conversation as well as a chance to take in the beauty and peace of our surroundings. Hoping for at least a couple more gatherings in September. Watch the Eblast for info.

All women connected to the Meeting House are invited. Call or text Charlotte Edgecombe for info and/or directions at 508-221-0533

By the way, Osprey Point will be found on no map or through any Google search! It was named by our group many years ago for obvious reasons – no real idea if the area has an actual name!



### IN MEMORIAM

**The sympathy of the Meeting House  
Is extended to Valerie Mowbray  
On the death of her father.**



### A NOTE ABOUT THE ECCLES

The service for Dick and Jane will be held at the Meeting House at 2PM on November 12. Details will be forthcoming. Their sons have said they would love to have reminiscences of their parents from UUMH. If you would like to share your memories or thoughts, please ask Tracy or Sue Bauer for their addresses.

### UUMH SAFETY COMMITTEE

To ensure UUMH is a welcoming and safe space for all, a UUMH Safety Committee is hard at work reviewing our security procedures. The group, including representatives of the Membership, Worship Service and Outreach committees, as well as the Minister and the Board, is looking at door locking protocols, how to handle emergencies of all sorts, and how to ensure the building is a safe place for all to gather. Like other schools, churches and community groups, they also met with members of the Chatham Police Department, under their community relations umbrella, to learn about ways we can work together. A plan is being developed for addressing these and other possible emergencies at UUMH and will be shared with the congregation. Your input is welcome! Contact committee chair Liz Van Wye or any member of the committee including Beth Avery, Kathy Nye, Robin Hubbard, Bonnie Brydges, Deb Zahka or Rev. Tracy Johnson.



L to R above: Beth Avery, Liz Van Wye, Tracy Johnson, Bonnie Brydges, Kathy Nye, Robin Hubbard.

L: Chatham Police Chief Anderson

**The future comes one day at a time. (Dean Acheson)**

### DIRECTORY CHANGES

Thelma Dykens' new address:  
The Terraces / 60 Daley Terrace / Orleans, MA 02653  
Her phone number remains the same: 774-207-0372



### PEOPLE TO CELEBRATE

#### September Birthdays

2	Dorria Marsh
2	Thadd Eldredge
4	Betty Twiss
6	Thelma Dykens
8	Jean Mangiafico
12	Gail Eldredge
16	Carolyn Ormond
18	Bob Twiss
20	Karen Nickerson
21	Margaret Tompsett
21	David Veach
25	Owen Shorey
26	John DaSilva
29	Stephen Davol



#### September Anniversary

22	Naomi Turner and David Veach
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### MEDITATION GROUP

**“Our body talks to us in Feelings and Sensations. Meditation Practice is taking time out to listen.”**

The UU Meditation group meets on zoom at 9:30 every Saturday morning with Joan Konopka as the facilitator. If anyone is interested in joining the group you can tune in from any location . Contact Gail Tilton @ [gmtilton@capecod.net](mailto:gmtilton@capecod.net)

### THIRD MONDAY BOOK CLUB

Third Monday Book Club will meet at 10AM on September 19 to discuss *Becoming* by Michelle Obama.

Contact Mary Parsons with questions.  
[marypmac@comcast.net](mailto:marypmac@comcast.net) / 432-7194



All are welcome for one book or many!

