

NEWS FROM THE HILL

NEWSLETTER OF THE U.U.

MEETING HOUSE OF CHATHAM

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INSIDE THIS ISSUE:

2025-26 UUMH Officers	1
Month of Sundays	2
Windward Passage	3
Membership Committee	4
Social Justice Committee	4
Thrift Shop	5
Jug Band Concert	5
Osprey Point	5
What Now	6
Care Givers Support Group	6
Condolences	6
Food Pantry	6
MUUGS	7
Scout Scuttlebutt	7
New Members	8
Bridge Groups	9
Bits and Pieces	9

"NEWS FROM THE HILL"

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Editor: Susan Bauer

SUNDAY SERVICES are
held at 10:30 AM each week.

NEWSLETTER DEADLINE
next month is THURSDAY
July 24. Send items to Sue Bauer
at Ralphb1234@cs.com



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MONTH OF SUNDAYS**July 6 Let there be Light****Rev. Chris McMahon**

Light is pretty essential to most life on earth. We find the idea of light present in all the religions of the world. We hear expressions like "You light up my life." What is light and what does it mean in a spiritual sense?

July 13 Befriending The Thief: Remembering Mary Oliver
JD Stillwater

Death is a thief that steals our loved ones, breaks our hearts, and ravages our lives. One of life's few guarantees, death will come for each of us in time. What good is it? The natural world offers hints at deeper purposes that might help us befriend Death. Mary Oliver's poetry often touched on death as integral to life, and when enriched by understandings from science, her beautiful words inspire a new, friendlier relationship with it.

July 20 Protecting Chatham's Waterways Michele Moloney-Kitts & Kristin Andres, Friends of Chatham Waterways

For more than 40 years, Friends of Chatham Waterways (FCW) has been committed to the protection, wise use, and enjoyment of Chatham's fresh and salt waterways and adjoining lands. FCW is committed to these natural resources, which are fundamental to Chatham's heritage. The presentation will include highlights of Friends of Chatham Waterways' impactful community outreach, education, and advocacy - including the "Chatham Water Pledge."

July 27 Introducing the spirit of UU to you**Rev. Chris McMahon**

Today is a time to bring a friend to UUMH so we can share who we are, what we believe, and why our liberal spiritual lives and sense of community are so important.

Who's Preaching

JD Stillwater, A graduate of Cornell University is a science ambassador and author who writes and speaks about profound insights from natural reality, insights that drive paradigm shifts and cultural awakening.

Board of Trustees

Sally Davol, President

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VISION STATEMENT

We, the members and friends of the UUMH, strive:

To apply UU principles in our daily living, social actions, and community service;

To nurture a safe community that encourages intellectual, spiritual, and religious freedom and celebrates all the passages of life;

To welcome diversity and pluralism as essential for our connection with all humanity;

To provide fellowship, friendship, and fun, and to support a creative artistic and musical environment;

To sustain and promote a vital religious and spiritual lifespan education program.

WINDWARD PASSAGE

Introducing friends and family to Unitarian Universalism

I've been a UU for several decades and during that time I often hear people suggest that "we shouldn't proselytize like other religions do. That it isn't right for a 'free thinking' religion to do so." I could not disagree more.

Often times when I talk to another person who asks me about Unitarian Universalism and I explain our principles and purposes and where our beliefs come from, I am greeted with the same expression – "Well that is what I believe too." In so many cases there are people who would greatly benefit from joining a UU congregation, but they don't know anything about Unitarian Universalism, and they don't know we exist. This is because we do a very poor job at "marketing." Marketing 101 in business schools teaches that in order to sell a product you have to tell people about it. Perhaps the idea of "selling Unitarian Universalism" to others sounds objectionable, but I have another rationale.

Americans, particularly young people, are leaving mainstream religions in huge numbers. These people simply cannot relate to the doctrines and beliefs of these religions. In so many cases, this is leaving a "spiritual void space" in people's lives.

As the most liberal, open, and inclusive religion in America, we can offer a new spiritual home to these people, but they need to know who we are and that we exist. As people dedicated to helping others, I think it is incumbent on us to do so, and I think the UUA should focus on this too – much more than they do these days.

So – don't be shy about telling people who we are and what we can do for them. And – please bring people to UUMH to check us out!

Fair winds and weather,

Reverend Christopher McMahon



MEMBERSHIP COMMITTEE

On **Sunday, July 27** our congregation will be hosting a **Bring a Friend Sunday**. Rev. Chris will lead the service, and he and the Worship Committee have been planning some special treats. The title of the service will be **Introducing the Spirit of UU to You**.

Feel free to take a few brochures home and offer them to friends who might be curious. In 2022 we had a post in the Newsletter about Bring a Friend Sunday, and we are re-posting it here—with a new date!

Sunday July 27, 2025 is "Bring a Friend Sunday" at UUMH. It is our opportunity to introduce a friend or neighbor to our welcoming UUMH community. It's often said that many people are UUs but don't know it. The best way for our neighbors to find out about us is through us, the members of UUMH. With our hybrid format you can all attend in person or online. The service that morning will focus on who we are and what we are all about.

Don't know how to go about inviting a friend? Here's a simple email that could be shared.

The Unitarian Universalist Meeting House in Chatham is a place where we work to be an inclusive, caring community, and where we advocate for justice and equity in support of free minds and spirits. This shared journey to find our own spiritual truths and answer life's difficult questions keeps us together in community. If you want to learn more you are invited to visit us at 819 Main Street Chatham Sunday July 27 at 10:30 am. Or join us for services on Zoom by clicking on the link at <http://www.uumh.net>. We hope you will join us!

Bonnie Brydges and Kathy Nye, co-chairs



SOCIAL JUSTICE COMMITTEE

The Social Justice Committee is on hiatus until August. That does not mean we are resting. In July we will once again raise money through our Community Outreach to support the Homeless Prevention Council's Backpacks for Education program. This is a great program that helps provide the start of school necessities for families in need. If you've ever had the chance to see what each student is expected to bring in the first day of school, you can see how this really hits the budgets of families.

Alone we can do so little; together we can do so much. (H. Keller)



THRIFT SHOP NEWS

The Bearly Used Thrift Shop is booming! We are having some spectacular weeks with spectacular merchandise! But....that means we need more of your treasures to keep up with the sales! Please check your shelves, your closets, your basements for items that could be someone else's "great finds!"

Volunteers still needed for a 3 hour shift or as subs. Please contact Pam E. if you can help out.

**The All Worn Out Jug Band
Celebrates its 25th
Anniversary Where it All
Began!**



OSPREY POINT

It's summer and, therefore, time for Osprey Point!

Open to all women connected to the Meeting House. We meet at Osprey Point on certain Monday evenings at 5PM for an hour or so (before the bugs arrive!). Bring your lawn chair and your dinner/snack/whatever, and join new and old friends. It is a beautiful, peaceful place that we usually have to ourselves. Bring your cameras and/or your binoculars. Watch the Eblast for further info on our 2 July gatherings, set for **Monday, July 14 and July 28**. Sue B. will send out a reminder email a few days ahead.

By the way...Osprey Point will be found on no map or through any Google search. That's because we named it! – for obvious reasons, as you will see. Directions: Forest Beach Road off Route 28 in South Chatham. Go .4 miles to a left turn on Bay View. Straight ahead and up a short hill. And there you are.

Hope to see you there at one of our favorite spots with some of our favorite people!

WHAT NOW?

Our support and discussion group, What Now, meets on the 2nd and 4th Saturday, at 3:00 pm. The July 12 meeting will be in the Sanctuary. The July 26 meeting will be the first meeting in our new space, the 2nd floor small room in the Community Center. (There is an elevator.) All are welcome. Our gatherings aim to hear and support each other along with the vulnerable in our communities in this starkly altered world we share.

CARE GIVERS GROUP

The next meeting of the Caregivers' Support Group will be in the Minister's Office at 9AM on Saturday, August 23.

For anyone who is feeling the weight of caring for a loved one, be it local, at a distance, or if you are just feeling overwhelmed with feelings, please join Rev. Chris and others to share. Let Chris know you are coming – or just arrive.

The sympathy of the

Congregation is extended

To Debbie and Joe Zahka

on the death of Debbie's

Brother.

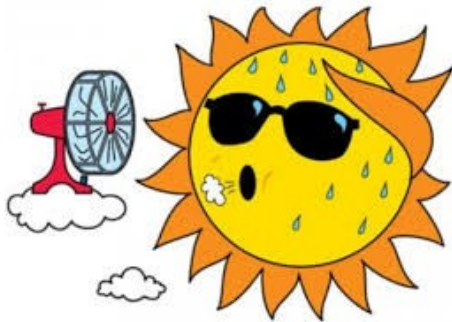


FOOD PANTRY

There is a box/container in the Meeting House foyer to put donations of food for the Veterans' Outreach Food Pantry in Hyannis. Veterans' Services supports veterans with food, as well as counseling, housing assistance and other services. We have donated to them before through our monthly Outreach, and this is another way to help and show them our appreciation at a time when services are being cut.

MUUGS

MUUGS - Men's Unitarian Universalist Group Social. 3rd Thursday of the month. This month on Thursday, July 17, 11:30 AM at 400 East Restaurant in East Harwich. A cordial, stimulating, friendly, and thought-provoking social get together. No reservations needed—just come!

**SCOUT SCUTTLEBUTT****BOY SCOUTS**

Chatham Boy Scout Troop 71. The Troop kayaked to Strong Island for an overnight campout. After hiking around the island, they participated in the Conservation Foundation's "tree census" by counting the trees which measured over a certain circumference.

The **Concord to Lexington** hike they participated in on Patriot's Day will be the focus of their 4th of July float. We will also see "Washington Crossing the Delaware" to commemorate the start of the American Revolution.

Look for the Scouts selling light sticks at the Chatham Town Band Concerts again this year. The proceeds are used to send Scouts to Scout Camp, support the Chatham Town Band and the Chatham Children's Fund.

CUB SCOUTS

Chatham Cub Scout Pack 71 The Cub Scouts celebrated each scout's advancement to the next rank. The Pack is alive and well, with active parents and children. You will also see them on the 4th of July float. Give us a cheer as we pass by! Plans for another recruitment drive are underway for the start of the school year.

Always stand on principle, even if you stand alone. (John Adams)

MEET THE NEWEST MEMBERS OF UUMH

Deb Blackie grew up in Wilbraham, MA. Shortly after college she married Dana, and they moved to Maine. They lived in Cumberland, just north of Portland, where they raised their children, John and Anne. After completing a Master's degree in business, she began a career in Human Resources. Last year she retired from her latest role as Director of Compensation at Tufts University. She loves living on the Cape and is looking forward to furthering her spiritual journey within our UUMH Chatham community.



Julie Kimbell and Rory Conolly moved full time to Orleans in 2022 to Julie's family summer home which they recently renovated. Most of their working lives were spent in North Carolina doing medical research in toxicology, Rory at EPA and Julie at UNC. They have two grown children, a son beginning medical school in Colorado and a daughter in New York City involved in all aspects of the theater. Both Julie and Rory enjoy the outdoors by boating on the ponds in Orleans, with Rory also spending time running and bicycling.



DIRECTORY CHANGES

Judy Reed has moved to be closer to family. We will miss her A LOT! Find her new address in the newest UUMH online directory

JOYS AND ACCOMPLISHMENTS

The May 29 Cape Cod Chronicle had an article celebrating the 100th anniversary of the Wequassett with a wonderful photo of former owner Jami McClennen.

And the same issue's "Remember When?" picture was our front lawn filled with crosses commemorating Memorial Day. Impressive display.

**MISSION STATEMENT**

Nurturing inclusive community

Seeking justice and equity

Encouraging free minds and spirits

THIRD MONDAY BOOK CLUB

The Third Monday Book Club will not meet this summer but will read *The Women* by Kristin Hannah for the October 20 meeting. Contact Gail E. for more information.

**PEOPLE TO CELEBRATE**

Because of the recent problems with hacking emails, We have decided to not list names and birthdays/anniversaries at this time.

Until then, be assured, cards will still be sent! Thanks for your understanding.

**BRIDGE ANYONE???**

Would you like to play bridge once a month starting this September?

If so, join the UU Marathon Bridge Club. We play friendly bridge in our homes and would welcome new players. A charge of \$25 per person benefits the minister's discretionary fund in our churches. Community members are welcome. It's a great way to make new friends, challenge your mind, and have fun. Contact Carol Ann Yeaple at CAYeaple@live.com or 508-760-8127 for more information. Deadline to join is August 15, 2025.

**MEDITATION GROUP**

"Our body talks to us in Feelings and Sensations. Meditation Practice is taking time out to listen."

The UU Meditation group meets on Zoom at 9:30 every Saturday morning. If anyone is interested in joining the group you can tune in from any location.

Email Nancy Fields with questions:

nefields42@gmail.com

Join Zoom Meeting

[https://zoom.us/j/93717313258?](https://zoom.us/j/93717313258?pwd=OUZDbzdjSzZoa2dybGo4cWp4dnNPUT09)

[pwd=OUZDbzdjSzZoa2dybGo4cWp4dnNPUT09](https://zoom.us/j/93717313258?pwd=OUZDbzdjSzZoa2dybGo4cWp4dnNPUT09)

Meeting ID: 937 1731 3258 Passcode:040260